

# UOP Medicare Health Fairs Presentation

Start Time: 5:34 PM

End Time: 6:13 PM

Notes:

## Medicare Outreach Program

### Medicare Eligibility

- 65+ years of age
- Permanently disable
- End-stage renal disease
- ALS
- Exposed to environmental health hazards

~64.6 million Medicare beneficiaries

- 6.6 million Californians (10%)

### Medicare Part D (D stands for prescription drugs)

- What does Medicare part D cover?

- Prescription drug benefit
- Every Medicare drug plan has formulary  
Two drugs are each class must be covered

#### Protected classes

- All plans should cover all or substantially all of the drugs in 6 therapeutic categories:
  - Antidepressants
  - Anticonvulsants
  - Antipsychotics
  - Antiretrovirals
  - Anti cancer
  - Immunosuppressants
- Medicare drug plan choices in California (2023)
  - MA-PDs (Medicare Advantage - Prescription Drug plans)  
Each county has different available plans
    - E.g. San Francisco County 31 plans, San Joaquin County 31 plans, Alameda County 35 plans
  - PDPs (stand-alone plans)  
26 plans: each of which is available throughout the region (CA is its own region)
  - For example, if you have Medicare and live in San Joaquin County, next year you will have 57 plans
- Beneficiary Choices
  - Plan Type (MA-PDP vs PDP)
  - Each Part D plan can have its own:
    - Monthly premium
    - Deductible
    - Cost-sharing structure (e.g. co-pays)
    - Formulary (including tiers)
    - Pharmacy Networks
    - Drug Restrictions
- Challenges
  - Many potential barriers to accessing the Part D benefit:
    - Objective unbiased information
    - Too many choices
    - Medicare literacy
    - Language
  - Those 65+ make up <15% of the population but account for 33% of prescription drug consumption

### Classroom to the Community

- Assist Medicare beneficiaries
- Students receive educational training and experience:
  - Medicare Part D benefit and plan finder tool

- Low income subsidy
- Commonly used medications by those with Medicare
- Immunizations
- Opioids
- Etc.

#### Target Populations Served

- 1600 people anticipated to serve
- Older adults
- Individuals with disabilities
- Underrepresented/underserved populations:
  - Non-English speaking
  - Racial/ethnic minorities
  - Low income (about \$12,000 per year)

#### FALL 2022 In-Person Medicare Health Fairs

- Open enrollment period: October 15th-December 7th
- Done by students
- Nine in-person
- Services offered:
  - Medicare Part D plan review
  - Medication Therapy Management (Receive all the prescriptions that patient is taking to ensure that it is safe for them)
- Immunizations
- Diabetes, blood pressure, cholesterol, bone density, falls risk (testing)
- Naloxone (older adults are in high risk of opioid overdosing due to the multiple drugs they take)
- Drug Take Back Envelope & Sharps Container

#### Result of Student Efforts-Medicare Part D Outcomes

- Served 10,446 beneficiaries (since 2007)
- Found that about 75% beneficiaries are paying more than they have to for their part D drugs cost
- Collectively, saving an estimated \$10.12 million in out-of-pocket Part D prescriptions drug costs
  - Annual average cost savings through UOP Health Fair assistance: \$969/beneficiary

#### Barriers to Medication Adherence

- Not taking the medication as prescribed
- According to AMA, top reasons include:
  - Fear (sometimes know someone else taking it and see results they don't like)
  - Misunderstanding (if one is depressed and take antidepressants w/ no immediate effect, then they will stop taking it)
  - Too many meds
  - Lack of symptoms (e.g. does not feel high blood pressure)
  - Cost (can't afford)
- Fills out Prescriber Communication Form to address severe medication issue and resolve problem through giving suggestions and give copy to patient and fax to provider

#### Medicare Health Events

MEDICARE HEALTH FAIR EVENT CALENDAR		PLEASE REMEMBER	
<p><b>11</b> public events in Northern/Central California this year. The event schedule and details can be found below.</p> <p>If you want help with your Medicare Part D drug plan and/or a complete drug review, PLEASE MAKE AN APPOINTMENT!</p> <p>Please call the number provided below each event to make an appointment.</p>		<p>If you plan to attend an event, bring your:</p> <ol style="list-style-type: none"> <li>1. Medicare card</li> <li>2. ALL of your medications</li> </ol>	
<p><b>Saturday, October 15</b></p> <p>10 AM – 6 PM University of the Pacific School of Pharmacy 757 Brookside Rd., Stockton (209) 946-7658</p>	<p><b>Saturday, October 29</b></p> <p>10 AM – 4:30 PM VMRC 702 N. Aurora St., Stockton (209) 473-0951</p>	<p><b>Saturday, November 12</b></p> <p>10 AM – 4:30 PM Bethany Home Town Square Campus 1350 Nikkel Way, Ripon (209) 599-4221 Ext. 121</p>	
<p><b>Sunday, October 16</b></p> <p>10 AM – 6 PM University of the Pacific School of Pharmacy 757 Brookside Rd., Stockton (209) 946-7658</p>	<p><b>Sunday, October 30</b></p> <p>1 PM – 6PM VIRTUAL EVENT (209) 232-5531 or e-mail: MedicareClinics@pacific.edu</p>	<p><b>Sunday, November 13</b></p> <p>1 PM – 6 PM VIRTUAL EVENT (415) 292-1200 or e-mail: ssschulz@jccsf.org</p>	
<p><b>Friday, October 21</b></p> <p>1 PM – 6 PM VIRTUAL EVENT (209) 232-5531 or e-mail: MedicareClinics@pacific.edu</p>	<p><b>Sunday, November 6</b></p> <p>10 AM – 4:30 PM University of the Pacific Dugoni School of Dentistry 155 5th St. (at Minna St.), San Francisco (415) 742-1747 or e-mail: MedicareClinics@pacific.edu</p>	<p><b>Saturday, November 19</b></p> <p>10 AM – 4:30 PM Lolly Hansen Senior Center 375 E. 9<sup>th</sup> St., Tracy (209) 831-6240</p>	
<p><b>Saturday, October 22</b></p> <p>10 AM – 4:30 PM LOEL Senior Center 105 S. Washington St., Lodi (209) 369-1591</p>	<p><b>PLEASE NOTE:</b> Face masks <b>MUST</b> BE worn by all attendees for ALL in-person health fairs. COVID-19 guidance subject to change.</p>	<p><b>Sunday, November 20</b></p> <p>10 AM – 5 PM Hutchins Street Square 125 S. Hutchins St., Lodi (209) 333-6782</p>	

### Result of Student Efforts- Medication Therapy Review Outcomes

- Identifies over 22,000 medication-related problems
  - Severe drug-drug interactions
  - Potentially inappropriate medications
  - Duplications of therapies
  - And much more...

### Student Opportunities

- What can you expect?
  - Work/learn side by side with our pharmacy students as they assist older adults with their Medicare Part D plan and medication review
  - Observe health screenings/services of interest to you and talk to pharmacy students and pharmacist preceptors
  - Participate in geriatric simulation activities
  - Learning activity
- What we expect?
  - Need to complete HIPAA training
  - Need to have received the COVID vaccine (+booster)
  - Need to have seasonal flu shot
  - If selected, please honor your commitment

### Contact Information

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Learn more about the Medicare Program at Pacific: [go.pacific.edu/medicare](http://go.pacific.edu/medicare)

### Information Session: Doctor of Pharmacy

#### Pacific Basics

- First California chartered university est. 1852
- First CO-ed California university
- First accelerated 3 year PharmD program

#### Why Pharmacy?

- A vital service in healthcare
  - Most accessible healthcare provider
- The opportunity to help patients live healthier lives
  - Pharmacists teach and inform patients how to safely take their prescribed medications
  - Interact with patient through student-led health care outreach programs
- A career with financial stability

#### What sets us apart?

- Research forward
- Focus on community
- Academic excellence
- Experiential learning
- PharmD in 3 years (can use extra year for residency)

#### Campus Resources

- Student support services
- Campus and community involvement
  - Over 150 student organizations
  - American Pharmacists Association-Academy of Student Pharmacists
- Campus housing and dining

#### Admissions Requirements

- Requirements
  - 2.7 GPA minimum
  - 68 semester hours

- 102 quarter hours
- PharmCAS Application
- University of the Pacific Supplemental Pharmacy Application
- NOT Required
  - Bachelor's degree
  - Work experience in pharmacy setting
  - PCAT

#### PharmD Prerequisites

## Pharm D pre-requisites

- **General Chemistry** - 1 year coursework with lecture and lab sequence designed for chemistry or biology majors.
- **Organic Chemistry** - 1 year coursework with lecture and lab sequence designed for chemistry or biology majors.
- **General Biology** - 1 year coursework with lecture and lab sequence designed for biology majors.
- **Human Physiology** - One semester or quarter equivalent with lab designed for biology majors.
- **Microbiology** - One semester or quarter equivalent (lab recommended but not required) designed for biology majors.
- **Calculus** - \*One semester or quarter equivalent of college level calculus.
- **Physics** - \*One semester or quarter equivalent with lab of college level physics.
- **Public Speaking** - Minimum of one 3-unit semester course or 4 quarter unit equivalent course.
- **English Composition\*** - Minimum of 6 semester units or 8 quarter units.
- **Economics\*** - Minimum of 3 semester units or 4 quarter units of Principles of Economics or Macroeconomics.
- **Psychology\*** - Minimum of 3 semester units or 4 quarter units, must be a course in General, Introductory, or Abnormal Psychology.
- **General Education/Liberal Arts** – total of 2 semester or 38 quarter units

#### Curricular Themes in the Curriculum

- Biomedical and Pharmaceutical Sciences
- Pharmacy Practice Skills
- Social, Behavior Administrative Sciences
- Clinical Sciences
- Practice Experience

#### Experiential Education

- Introductory pharmacy practice experiences (IPPEs)
  - [Cover 300 hours completed during the first 2 years of the program]
  - Community pharmacy (2)
  - Hospital pharmacy
  - Ambulatory Care Pharmacy
  - Health Care Outreach / Health Fairs
- Advanced Pharmacy Practice Experiences (APPEs)
  - [1,440 hours completed during the final, 3rd year of the program]
  - Internal Medicine
  - Ambulatory Care
  - Hospital Pharmacy
  - Community Pharmacy
  - Elective APPEs (2)

#### Paying for College

- PharmD tuition and fees over three years: \$224,482
- PharmD students receive automatic consideration for Pacific Pharmacy scholarships, no application needed
- >85% student utilize financial aid, grants, loans
- 2022-23 Scholarships
  - Incoming transfer: 29
  - Second year: 76
  - Advancing pre-pharmacy students: 6

▸ First year students: 45

#### Dual Degree and Certificate Programs

- PharmD/PhD Dual Degree Program
- Entrepreneurial Pharmacy Practice Certificate program
- Pharmacy Business Management Certificate program

#### Demographic

- Average GPA 3.33
- Average age: 22.8 years old

#### Leadership Opportunities

- 230 leadership opportunities
- 15 committees
- 10 student groups
- 6 student chapters of professional organizations
- 4 professional pharmacy fraternities
- 2 honor societies

#### Contact Information

Tony Williams (He/Him/His)

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UOP Admissions: [pharmdadmission@pacific.edu](mailto:pharmdadmission@pacific.edu) | 209-932-3600

#### Social Media

Instagram: @UOPPharmacy

Facebook: [facebook.com/uoppharmacy](https://facebook.com/uoppharmacy)

LinkedIn: [linkedin.com/school/uoppharmacy](https://linkedin.com/school/uoppharmacy)