

UOP Medicare Presentation

10/26/2023

Start time: 6:20 PM

End time: 7:00 PM

Guest Speakers

- Adesuwa Aigbuza (a_aigbuza@u.pacific.edu)
 - P2, UOP - Biological Sciences, BS
- Aida Trihiran (a_trihiran@u.pacific.edu)
 - P2, UC Davis - Biological Sciences, BS
- Jaime Trocke (j_trocke@u.pacific.edu)
 - P2, UC San Diego - Pharmacological Chemistry, BS

Pharmacy

- **Pharmacists:** specialize in preparation, dispensing, management of meds to ensure safety + effective use
- Fields
 - Community (retail)
 - Industry (drug development)
 - Ambulatory care (clinic attached to hospital, specialize in disease states)
 - Managed care (nursing care facilities, manage patients' medications)
 - Acute care (patients coming from emergency department)

Pharmacy School

- **Application**
 - Centralized application service through PharmCAS
 - Requirements: essay, transcript, 2 letter of recs, AP/IB/CLEP test scores, TOEFL/IELTS scores, application fee
 - PCAT *not* required
 - Consideration of completed app for interview slots begins Aug 1st
 - Proceeds on rolling basis
- **Interview**
 - What to expect on interview day
 - One-on-one interviews with faculty member + current PharmD student
 - Typical questions: why pharmacy? extracurriculars outside of pharmacy?
 - Student presentation

- Writing exercise
 - Random question (e.g. if government had extra funding, should it be towards space or giving it to the homeless)
 - Tests ability to write (complete sentences, grammar)
- Pharmacy school tour
 - See different classrooms, labs (consultations, compounded medications)
- Decisions come out within 1-2 weeks
- Tips:
 - Be yourself + be confident!
 - Be prepared to talk about experiences + why you chose pharmacy

UOP

- 3-year accelerated program
 - Didactic: 6 semesters
 - Experiential learning: 2 semesters (17 clinical rotation regions across CA)
- Leadership-focused
 - 6 student chapters of professional organizations
 - 3 professional pharmacy fraternities
 - Great way to make new friends + connections
 - 2 honor societies
 - Student-led communities
- Many research opportunities
 - Most likely to be published by graduation

Medicare Part D Elective

- **Medicare Part D:** governmental health insurance program that helps offset cost of outpatient prescription drugs
- **Medicare Part D elective:** elective course offered for P2 students
 - Have to apply
 - 40 accepted out of 200 applicants
- In class:
 - 1st semester: learn about medicare benefit, medication therapy management
 - 2nd semester: apply knowledge learned at health fairs
- At health fairs:
 - Help medical beneficiaries choose most optimal drug plan (save costs)
 - Help make sure medications are safe + effective
 - Provide myriad of health screenings + services

Medicare Health Fairs

- **Student opportunities**
 - Shadow student pharmacists + observe Medicare Part D / MTM intervention
 - Observe any stations of interest
 - Counts as volunteering experience (lasts for 2-3 hours)
- **Benefits of attending**
 - Learning tool (learn about services provided, disease states, drugs)
 - Geriatric stimulation activities
 - Opportunities to network with pharmacy students, faculty, & other pharmacists
 - Gain insight into profession (+ fields that may be of interest)
- If signing up:
 - You will be selected for 3 hour shift at 1 site
 - Follow through if you sign up (make sure to show up, act professional)
- Upcoming medicare health fairs:
 - 11/4 (Sat) - Pleasanton, CA
 - 11/5 (Sun) - Stockton, CA
 - 11/11 (Sat)- Ripon, CA
 - 11/12 (Sun)- San Francisco, CA
 - 11/18 (Sat) - Tracy, CA
 - 11/19 (Sun) - Lodi, CA
- [Link to apply for Medicare Health Fairs](#)

Q&A Session

- 1. What is the difference between early action vs priority deadline?**
 - Early action = given priority in admission (+ have certain amount of time to respond + enroll)
- 2. How do you balance student life (i.e. extracurriculars) and academics?**
 - P1 have integrated exam schedule (5-6 classes)
 - Rough in beginning to adjust to accelerated program
 - Learn how to study best + ask questions!
 - Be adamant in asking for help + delegating tasks
 - If you're able to do well in the quarter system, then you should be able to do well in semester system
- 3. What is the cost of living like in Stockton?**
 - On-campus
 - Benefits: meal plan + no commute time
 - Cons: more expensive

- NOTE: housing + meal plan is free for RAs (save money!)
- Off-campus
 - Benefits: rent is *much* cheaper than living on-campus
 - Cons: commute time
 - Depends on location of apartment
 - EX: Adesuwa's apartment is 3 min away from campus