

R&E Extracurricular Workshop 1/19

Start: 7:10

- Pharm Tech
 - Certified vs License
 - Good extra curricular, gain work experience, connections with pharmacist/techs
 - Study and the take the PTCB
 - Work at: Walgreens, CVS, Rite-Aid
 - Personal Experience
 - Good hands on experience with getting familiar for the drugs
 - Gain in pharmacy hours
 - Great way in experiencing retail pharmacy
 - Depending on your situation there are definitely pros and cons
- Research
 - Davis is known for research
 - Prepares you for fellowships
 - Apply through handshake
 - Can also email professors that are conducting research that interests you
 - Develop relationships with the professors
 - Beware of scam emails!!
 - Personal Experience
 - Get to work independently
 - Look into projects they are currently working on
 - More free
 - More understanding that you're a student
 - There isn't a set schedule of work per week
- Clubs and Organizations
 - Find new clubs
 - Involvement fair
 - Aggie Life
 - MU tabling
 - Flyers
 - Volunteering
 - Rotary club, Circle K, Food Recovery Network, Challah for Hunger, Cub Support
 - Cub Supporting - Tutoring K-12
 - Challah for Hunger - about 2 hour commitment, making bread
 - Student Run Clinics
 - VNCares, Paul Hom, Willow Clinic

- Working with medical professionals
 - Volunteering during Saturdays
- Internships
 - HRI is a great way to start
 - Spring 2022 registration opens mid-Feb
 - Summer Programs
 - Keck Graduate Institute
 - Pre-Pharmacy Enrichment Program
 - Application Deadline: June 1
 - Phamli Mentorship Program @ UCSF
 - Had a program doing mock interviews
- Any internship experience is valuable!
- Opportunities
 - Handshake - Great place to find research or internships
 - Covid Volunteer Opportunities
 - Find in our newsletter/website
- Tips
 - Discover your own passion and interest!
 - Know how much you can take on
 - Pharmacy experience is not required!
 - It is up to you whether or not you want pharmacy experience
 - Being involved in extracurricular activities can help take your mind off of academics and also gain communication and leadership skills as well as network!

End: 7:50